

Interested in Spiritual Direction?

Hello! We are in training with the Spiritual Direction Program at the Jesuit Spiritual Center in Milford, OH. At no cost, each of us is available to provide spiritual direction for 2-3 individuals as part of our training.

Spiritual direction is a wonderful way to grow in friendship with God or to help discern a major life decision. It typically happens monthly in confidential one-to-one, one-hour sessions with the focus entirely on you and your relationship with God. Our job is to listen and assist you, whether God feels close, distant or absent.

Feel free to contact any of us. Since adding spiritual direction to an already-existing role or friendship gets complicated, be sure to steer away from people you interact with regularly. Our contact information is in the descriptions below. A contact isn't a commitment, but a first step in exploring if that person is a good fit for you.

It is our privilege to make spiritual direction in the centuries-old tradition of Ignatian Spirituality available to you, and we hope you'll consider contacting us!

[COVID-19: As with everything else these days, the pandemic may affect how spiritual direction sessions happen.]



Bill Frantz

Bill Frantz is on a journey of fellowship as we encounter God's presence. Bill is the pastoral associate at St. Veronica Catholic Church on the east side of Cincinnati. He is involved in adult faith formation and youth sacramental preparation, and various liturgy, outreach, and stewardship ministries. Bill loves cooking, music, and humorous stories. Spiritual direction sessions can take place in his parish office or in his home office in northern Kentucky.

859-663-0508, bill.frantz@stveronica.org

Peace be with you! Ever since my adult baptism, I felt called to help others see Christ in all of creation. I am blessed to live out that call in the Spiritual Direction program at the Jesuit Spiritual Center in Milford. Anyone interested in Spiritual Direction may contact me at:

513-310-1787 / marcg55@gmail.com



Marc Greenberg



Lori Hamilton

Lori Hamilton loves to listen to the stories of others and to accompany them on their faith journey. She is an active member of her parish where she served as Director of Faith Formation for many years and continues to be active in Liturgical Ministries. Lori also loves to read, travel and spend time with her family and friends. Spiritual Direction sessions will take place at Our Lady of Perpetual Help in New Albany, IN, or by other arrangement.

502-762-6793 / Loriham23@gmail.com

Over the years, spiritual direction has helped me grow much closer to God, and I am grateful for the opportunity to companion others on that journey. I teach religion courses at St. Xavier High School. I have participated in a number of retreats and have completed the 19th Annotation Ignatian Spiritual Exercises. I enjoy hiking, sports, gardening, and woodworking, and I am married with four children. Spiritual direction sessions will take place at a mutually agreeable location in the East/Central part of Cincinnati. I can be reached by e-mail:

mattandrachel200@yahoo.com



Matt Kemper



Chuck Kohl

Chuck Kohl is well-trained and practiced in Ignatian Spirituality and understands well the uniqueness of each person's relationship with God. Chuck's experience companioning others includes volunteering in hospital ministry, companioning those discerning whether to enter the Catholic Faith, and helping people who pray the Spiritual Exercises of St. Ignatius listen more attentively to God's call in that prayer. Chuck lives in Finneytown with his wife of 31 years, Kathy.

513-502-8936 / chuck2@fuse.net

Our lives invite each of us to experience the Divine in unique ways. For me, as a wife, mom, writer and teacher, I discover God in the simple joys and challenges of daily life. Upon completing my Master of Divinity at the Catholic Theological Union, I taught religion at an all-girls' Catholic high school. I am especially passionate about ministering with young people and committed to holding a safe listening space. Through this experience, directees will be able to explore their own relationship with God.

513-503-4301 / mertensj821@gmail.com



Jennie Mertens



Susan Mackall

As a board-certified hospital chaplain, Susan Mackall marks the beginning of lives, the end of lives and the many transforming moments in between. Susan values being a companion on a person's spiritual journey. She is a member of Good Shepherd parish and a Sisters of Mercy Associate. Susan practices yoga and various forms of meditation. Spiritual direction sessions are available at her Mercy West hospital office or her home office in Montgomery.

513-833-7311 / SDMackall@mercy.com

Mary Anne Reese loves to listen to the stories of people's lives, just as they are. For her, spiritual direction conversations are a place of prayer. She finds it a privilege to watch how God comes close and works within each one of us—loving us, freeing us, inviting us always to care for each other. Mary Anne has masters degrees in theology and creative writing. She has ministered with young adults and teens, she volunteers with her Jesuit Catholic parish (Bellarmine Chapel), and her "day job" is practicing law.

513-961-6350 / mareese621@gmail.com



Mary Anne Reese



Rev. Jana Reister

Jana Reister experiences life as a pilgrimage with God, humankind and creation. An avid student of the contemplative life, learning to experience God in all things, she delights in accompanying others on their spiritual journey. Jana loves the woods at sunrise and cycling on sunny afternoons. An ordained minister, she serves Knox Presbyterian Church in Hyde Park. Spiritual direction sessions will take place in her church office.

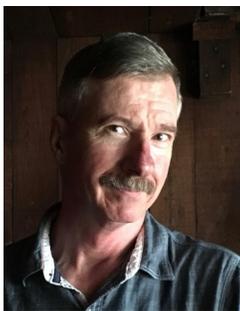
513-255-0077 / janareister@gmail.com



Sean Reynolds

Hi! After decades of full-time church ministry there's a short list of things I know for sure, and this one's right up there near the top of the list: God longs to draw close to us! If knowing God's liberating love first-hand is your desire, I'd be grateful to accompany you there. I'm married to Leah, with kids and grandkids, and I love the outdoors. We're located in central Cincinnati. With degrees in theology, organizational development and ministry, I am now learning the art of spiritual direction. Texting and email are the best ways to get in touch.

513-375-7326 / sreynolds770@gmail.com



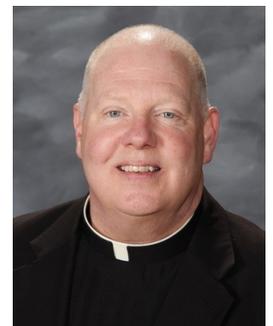
Tom Sparough

Tom Sparough is familiar with the winding road of following God's call. Tom is a professional storyteller, retreat facilitator, author of six eclectic books, and an active member of St. Clare Catholic Church. He is a keen listener and a lover of questions. Tom is an outdoor enthusiast. Spiritual direction sessions will take place in his home office in Northside.

513-602-0948 / Tom@SpacePainter.com

Del Staigers is a priest of the Archdiocese of Cincinnati for the past thirty-three years; currently a suburban pastor at St. Veronica Church & St. John Fisher Church; previously an urban pastor for 10 of those years; a professor of homiletics for ten of those years; and an associate pastor for three. Early ministry was focused on academia, and the past 20 years have been devoted to making faith understandable and connected to real life. I love reading, being outdoors, photography, walking my greyhounds and celebrating our faith with parishioners. Spiritual direction will take place in my office at St. Veronica.

513-688-3144 / del.staigers@stveronica.org



Rev. Del Staigers



